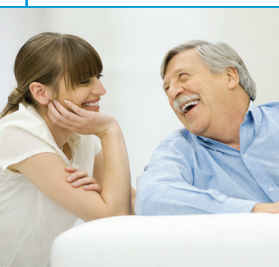


WHO CAN WE HELP?

We provide multifaceted services tailored to your specific needs. If your circumstances are different from those listed below, please **CALL US** or **E-MAIL US** and tell us what your needs are so that we can help you!



You or a loved one have been diagnosed with **a serious illness**, or you are recovering from one.

You are currently **caring for** an elderly parent, a grandparent, or a sick child.



Your health is currently stable, but you would like assistance in streamlining your health care and wellness needs in the **interest of prevention**.



You are **an employer** seeking to increase your company's productivity by providing health care advocacy and navigation services to your employees.

You are an **international** or **out-of-state patient** and as such have unique needs.



THE FOUNDER

Dalia Al-Othman, the founder of **Health Care Navigators**, LLC, graduated from **Harvard University** in 1998, with a Bachelor of Arts in English Language

and Literature. She went on to obtain her Juris Doctorate from **Harvard Law School** in 2001.

In 2007, Dalia acquired a staph infection during a stay at a well-known Boston hospital. She was forced to leave her job and begin the battle of her life—to rid her body of infection and save her leg from amputation. That battle lasted for nearly 5 years and included 17 surgeries, countless rounds of intravenous antibiotics, grueling physical therapy and rehabilitation that continues to this day.

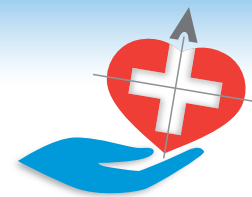
“ I don’t see the point of having a life-altering experience if you don’t do anything with it afterward, ”
says Dalia.

After the staph infection was finally cured, Dalia rose from her medical traumas, not a broken soul as one might expect, but an ambitious and compassionate champion of patients everywhere.

Dalia knows what it takes to be **A Successful Patient**.

She founded **Health Care Navigators**, LLC to advocate for other patients and provide them with **the logistical, emotional, and navigational support** that they need in order to be successful in today's often perplexing health care system.

tel fax	800 518 8573
email	info@health-care-navigators.com
website	www.health-care-navigators.com
mail	258 Harvard St. #474, Brookline, MA 02446



Health Care Navigators, LLC
Patient Advocacy • Multifaceted • Compassionate • Empowering

Do you feel
afraid, isolated, or overwhelmed
by illness, doctors, hospitals,
and other interactions
with the health care system?

LET US HELP YOU



Become
THE MOST
SUCCESSFUL
PATIENT
You Can Be!

[**800 518 8573**]

We help you to become the most successful patient that you can be, whatever your individual circumstances are. We advocate on your behalf and ensure that you have the tools necessary both to prevent disease and to access the best medical care possible if illness strikes.

Basically, let us do everything from A to Z so that you can focus solely on REGAINING YOUR HEALTH.

Your health care navigator will be with you every step of the way, providing you and your family with logistical help, emotional support, and **THE BEST PATIENT ADVOCACY POSSIBLE.**



WHY HIRE US?

Because our services are:

Exclusive We can, upon request, provide you with a health care navigator who works exclusively for you.

Comprehensive We are a one-stop shop for ALL of your health care advocacy and navigation needs.

Personalized We recognize that each of our clients is unique and we tailor our services accordingly.

Available around-the-clock in the case of emergency There may be occasions when you need your health care navigator to meet you at a time outside of normal business hours. If so, we will be there!

OUR SERVICES INCLUDE:

Hospital Monitoring: We protect you.

We prevent medical errors, medication mistakes, and hospital-acquired infections by monitoring your care vigilantly while you are in the hospital. We ensure that all hospital staff and visitors adhere to the highest level of care, safety, and hygiene. We also ensure that your hospital stay is as comfortable and pain-free as possible. We make sure that you have everything you need when the nurses are too busy to care for you properly, whether that is a warm blanket, your favorite food, or someone to help you get to the bathroom.

Patient Empowerment: We empower you.

We research your medical diagnoses, help you to choose among treatment options, and help you to enlist a top-notch medical team. We help to fast track your doctors' appointments when time is of the essence. We teach you how to be a valuable contributor to your own medical care. We educate you about your rights as a patient and help you to enforce those rights.

Bills & Insurance: We save you money.

We review your medical bills for accuracy, potentially saving you thousands of dollars in inaccurate or unjustified charges. We explain what your health insurance plan covers, and we negotiate with your insurance company in the event of claim denials or refusals to authorize care.

Logistical Support: We reduce your stress.

We deal with all of the "red tape" involved in navigating the health care system. We organize your medical records, book your doctors' appointments, and help you to complete all necessary medical paperwork. We arrange for parking privileges, private rooms, special meals, and any other requests that you have upon admission to the hospital. We also apply for Medicare, Social Security Disability Income, and any other government benefits to which you may be entitled.



Emotional Support: We restore your peace of mind.

We uplift your spirits and keep your mindset positive. We offer life coaching, meditation instruction, spiritual support, and many other resources to help you emerge from your experience a stronger and more peaceful human being.

“ I feel that everyone needs a patient advocate. If I had not had one, I would have lost my job, had my credit ruined, and not had someone to whom I could turn in my greatest time of need. I will be forever grateful to Health Care Navigators. ”

Rosa S., Gloucester, MA

Consultations: We are available for hourly consultations, short-term projects, or any other type of hiring arrangement that best suits your needs.

Speaking Engagements: Dalia Al-Othman, the founder of Health Care Navigators, LLC, is available to speak to groups of patients and/or health care professionals on a variety of health care related topics.

Please see our website at www.health-care-navigators.com for more complete information.